

MISERICORDIA UNIVERSITY CHEER PROGRAM
ANNOUNCES 15th ANNUAL



Cougar Cheer Challenge

Taking Place on: Sunday, November 11, 2018

LOCATION: Misericordia University
Anderson Athletic Center
301 Lake Street, Dallas, Pa 18612

DATE: Sunday, November 11, 2018

CONTACT: Tara Sinclair
Misericordia University Cheer Coach
tcoletti@misericordia.edu or (570) 814-7180

**Registration Deadline:
Friday, October 26, 2018**

* If registration is received AFTER October 26, 2018 a \$50 LATE FEE will be charged

PERFORMANCE AREA: 42 x 54 Cheerleading Floor *a nine panel cheer floor will be provided

REGISTRATION FEES: Team Registration Fee:
\$100.00 early registration – must be received by October 1, 2018
\$125.00 registration fee – if received by October 26, 2018
\$150.00 late registration- registration received after Oct. 26, 2018

Discount for Rec Programs: Register 2 teams and receive each additional team for \$50. *Only applies to those registering by the October 26th deadline.

TIME: Individual Participant - \$ 25.00 per entry Stunt
Group Competitors - \$ 50.00 per routine

- Registration time will begin at approximately 7:30am for recreation teams.
- Recreational teams will perform in the morning, individuals and stunt groups will follow and school, dance and all star teams will compete in the afternoon session.
- The start time for the morning session will be 8:30 am and the PM session will begin at approx. 2:00 pm
- A detailed schedule will be provided a week prior to the competition.

DIVISIONS: *see-attached sheet for breakdown of divisions

- REC TEAMS: **OFFERED AGAIN THIS YEAR!** Traditional Youth Recreation Competition Format! A-B-C-D Squad divisions with traditional competition format:
Hello Cheer – Sideline Cheer – Hometown Cheer - Dance
- All-Star Team - See USASF rules and guidelines for team divisions and restrictions
- School Teams –
 1. Traditional Routine: 2.5 minute routine with 1.5 minute of music and 1 minute of cheer
 2. Game Day Routine: Band Dance, Sideline, Cheer
- Stunt Group Divisions
- Individual Divisions

AWARDS:

- 1st, 2nd and 3rd Place Trophies in Team Divisions
- Medals for Individual Competitors – Places awarded depends on registrations received.
- Grand Champion Trophy – a grand champion will be awarded in both the morning and afternoon session. Individual medals will be awarded to the participants of the team winning the Grand Championship in each of the sessions.

RULES/REGULATIONS:

Recreational Teams should follow their league rules for cheerleading safety. General Competition rules applying specifically to the Cougar Cheer Challenge Recreation Division can be found on the reverse side. Clean, safe performances are preferred over unsafe, difficult performances. A safety judge will be utilized and teams will face deductions for stunting falls. Regardless of league rules, absolutely NO basket tosses or sponge tosses will be allowed, as this is a general rule for all grammar school and middle school teams as stated under AACCA cheer safety guidelines.

General Rules for Rec Divisions

All teams must proceed in the same order – see below:

1. Hello Cheer
2. Sideline Cheer
3. Hometown Cheer
4. Dance

Please Note: Teams may choose not to compete in a category, but they must indicate this to the competition administrator prior to the competition start time.

Areas of Competition are defined as:

Hello Cheer – A cheer that includes team colors or team mascot

Sideline – a short set of words or verse with motions, which repeats three or more times.

Hometown Cheer – A cheer that includes the team's colors or mascot and encourages crowd involvement.

Dance – a performance put to music that includes ALL elements of cheerleading and does not exceed 2 minutes in length. (All elements is defined as incorporating stunts, tumbling, jumps and dance into a performance.) Exceeding the time limit will result in a 10 point penalty.

COACHES: It is suggested that you review the score sheet to ensure that you maximize your team's performance and address every area that will be scored. Score Sheets can be found on the competition web page at www.misericordiacheerleading.com

Teams may use signs, megaphones, and poms to assist with their performance. All other props are prohibited.

No choreographed entrances, transitions between cheers, and exits are needed.

No parents and/or coach should approach the judges' table.

DEDUCTIONS/PENALTIES

NO jewelry, gum or glitter is allowed. **5 point penalty** – Exception: Glitter that is adhered to signs used during the performance is allowed. Please be sure the glitter applied to the sign is secure.

A penalty judge will deduct for any bobbles (unsteady stunts and tumbling skills) and falls.

Please make sure teams compete with skills they can execute safely. *Please note penalties will be deducted one time from the team's total score.*

- ☆ 2 point per bobble
- ☆ 5 points per fall
- ☆ 10 points for a fall to the ground.

Coaches MAY NOT assist their team by prompting athletes from the sideline. **5 point penalty**

IMPORTANT INFORMATION:

- Score sheets can be found on Misericordia University Cheer's web site. www.misericordiacheerleading.com.
- *Reminder: All participants must fill out a completed release form to participate in the competition.*
- *Please e-mail Tara with any questions/concerns: tcoletti@misericordia.edu*

Guidelines for Stunt Groups and Individual Competitors

STUNT GROUP DIVISION (1 1/2 minute routine to music)

All-Girl Divisions – these groups **MAY NOT** contain a combination of males and females. A team containing a combination may choose to exhibition, but may not compete.

Youth	Age 11 and Below	4 or 5 participants
Junior	Age 14 and Below	4 or 5 participants
Senior	Age 12- 18	4 or 5 participants
College/Open	Age 18 or older	4 or 5 participants

CO-ED – male/female stunt group.

Coed Junior	Age 14 and Below	1 male and 1 female
Coed Senior	Age 12 -18	1 male and 1 female
College Coed	Age 18 or older	1 male and 1 female

INDIVIDUAL DIVISIONS (1 1/2 minute routine)

Participants may choose to perform entirely to music or may stop and cheer. Tumble/ Non-tumble division may be combined depending on registration.

Mini Individual	8 years and younger
Youth Tumble	9-11years old Youth
Non-Tumble	9-11 years old
Junior Tumble	12yrs – 14yrs old
Junior Non-Tumble	12yrs – 14yrs old
Senior Tumble	15 yrs – 18yrs old
Senior Non-Tumble	15 yrs – 18yrs old

Recreational Cheerleading Registration Form

This form may be duplicated if you are registering multiple teams.

Team Name: _____ Mascot: _____

Division: Please circle one. A TEAM B TEAM C TEAM D TEAM

Please circle the divisions you wish your team to compete in:

 Hello Cheer Sideline Hometown Cheer Dance

Team Colors: _____ Number of Athletes on Team: _____

→ **PLEASE NOTE:** ALL participants must have a completed medical release form to participate. **Release forms should be presented at registration THE DAY OF THE COMPETITION**

REC TEAM DIVISION # _____ @ \$125 = _____

**less \$25 if registration is received prior to October 1, 2018*

**plus \$25 if registration is received after October 26, 2018*

**Rec team Special. Register 2 teams and receive each additional team for \$50. Discount only applies to those teams registering before the 10/26/2018 deadline.*

STUNT GROUP # _____ @ \$50 = _____

See reverse side of this form

INDIVIDUAL DIVISION # _____ @ \$25 = _____

See reverse side of this form

Total amount due: = \$ _____

Make checks payable to: *Misericordia University Cheerleading*

Please send payment and registration to:

Misericordia University Athletic Department
Attention: Tara Sinclair
Cheerleading Coach
301 Lake Street
Dallas, Pa 18612

Comments or questions:

tcoletti@misericordia.edu
(570) 814-7180

Coaches' Information

Coaches' Names (Maximum 2 admitted free per team)

Street Address

City State Zip Code

Phone # Phone #

e-mail (This will be used to deliver all final information for the competition)

SPECIALTY DIVISION REGISTRATION FORM

This form may be duplicated as needed.

STUNT GROUP #1: please be sure to review the age requirements prior to registration:

	Participant's Name	Age	Sex M/F
1			
2			
3			
4			
5			

DIVISION: _____

STUNT GROUP #2: please be sure to review the age requirements prior to registration:

	Participant's Name	Age	Sex M/F
1			
2			
3			
4			
5			

DIVISION: _____

INDIVIDUAL COMPETITOR #1: _____ AGE: _____

DIVISION: _____

Please be sure to indicate if the participant is entering a tumble or non-tumble division

INDIVIDUAL COMPETITOR #2: _____ AGE: _____

DIVISION: _____

Please be sure to indicate if the participant is entering a tumble or non-tumble division

INDIVIDUAL COMPETITOR #3: _____ AGE: _____

DIVISION: _____

Please be sure to indicate if the participant is entering a tumble or non-tumble division
